



# SEL

## Social & Emotional LEARNING

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### Boost student outcomes with Social and Emotional Learning

What is Social and Emotional Learning (SEL)? As the name implies, SEL aims to help students navigate the non-academic, emotional, and social aspects of learning. SEL gives students the knowledge, skills, and insights to understand and manage their emotions, as well as practical skills to translate this insight into their daily lives.

In addition, SEL teaches positive goal-setting and achievement; empathy and positive relationship skills; resistance to bullying and appreciation of diversity; and responsible decision-making. SEL can give students an edge in an increasingly complex, diverse world. For more information, check out the following titles by choosing a level below.

Grades K-2

Grades 3-6



### It's not too soon for back-to-school planning

July is just about over, which means the school year is almost upon us! For some districts, school starts after Labor Day, while others are gearing up much earlier--as early as the first or second week of August.

Of course, that means teachers and librarians are putting the finishing touches on plans for the first days and weeks of the new school year. Some helpful planning tips include:

- **Create a checklist.** It may seem obvious, but having your own master list for the

- start of the year can help keep you--and your students--focused on your goals.
- **Break the ice.** Brainstorm "getting-to-know-you" activities to get past students' natural reticence and get down to learning.
  - **Think "classroom management."** Review strategies to create engagement while maintaining classroom control.
  - **Build your community.** Plan to incorporate team-building activities to foster community right from the start.

Of course, that's only the tip of the iceberg for educators as they look toward the start of the school year. For more ideas, check out these resources from Perma-Bound!

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The advertisement features a central image of a prize pack containing a tote bag with the text "Reading = HOPE x CHANGE" and "What's your question?" along with a book titled "JACQUELINE WOODSON". To the right, three book covers are displayed: "THE DAY YOU BEGIN", "JACQUELINE WOODSON Harbor Me", and "JACQUELINE WOODSON If You Come Home".

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