



Growth Mindset & Resiliency

Grades K - 3
2018

Perma-Bound Canada





Growth Mindset & Resiliency

Perma-Bound Canada

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Hand-Picked Selections

Perma-Bound Books has a staff of accredited librarians and consultants who are experts in developing lists for specific needs. This list was developed by Lori Ryan; a writer and resource consultant who has worked in the publishing industry in Ontario since 1999.

Growth Mindset & Resiliency

There are many factors that are involved in building success in early education. Students are just learning new skills and there will be setbacks and failures. A growth mindset perceives a challenge as an opportunity to learn rather than a challenge to overcome. This allows students to see that mistakes are a part of the process, as well as resiliency which is the perseverance to stick with the concept until the skill has been mastered. The following list presents 36 hand-picked titles fostering Growth Mindset and Resiliency.

Perma-Bound Books



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The list is presented in ascending alphabetical order.

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Selection Criteria

The following concepts were determining factors in the selection process for this list:

Growth Mindset:

Resources exploring strategies that support confidence, embracing challenges, persisting when facing obstacles, and being inspired by other's successes.

Resiliency:

Resources reflecting the ability to bounce back from adversity. Resilience is the optimism to continue when you've experienced some failures, to view mistakes as opportunities and the motivational drive to keep at a difficult task over a sustained period of time.

Fostering Character:

Resources about understanding and building perseverance. The tenacity to believe in oneself, to set goals, feel socially connected and develop self-regulatory skills.

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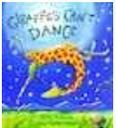


Order Number	Title	Author	Annotation	RL (IL)	Copyright	Price
4414976	 Beautiful Oops!	Saltzberg, Barney	Demonstrates the many ways that torn, crinkled, and smudged bits of paper can be transformed into various shapes and images.	1 (P to K)	2010	17.63
149352	 Book of Mistakes	Luyken, Corinna	As an artist creatively incorporates her slip-ups into a drawing, readers see the ways in which "mistakes" can provide inspiration and opportunity, and discover that both art and artist are works in progress.	2.4 (P to 2)	2017	27.65
81072	 Brave Girl: Clara and the Shirtwaist Makers' Strike of 1909	Markel, Michelle	An illustrated account of immigrant Clara Lemlich's pivotal role in the influential 1909 women laborer's strike describes how she worked grueling hours to acquire an education and support her family before organizing a massive walkout to protest the unfair working conditions in New York's garment district.	5 (2 to 5)	2013	26.65
38750	 Brave Irene	Steig, William	Plucky Irene, a dressmaker's daughter, braves a fierce snowstorm to deliver a new gown to the duchess in time for the ball.	3.9 (P to 2)	1986	17.86
55796	 Click, Clack, Moo: Cows That Type	Cronin, Doreen	When Farmer Brown's cows find a typewriter in the barn they start making demands, and go on strike when the farmer refuses to give them what they want.	2.3 (K to 3)	2000	26.65
80755	 Dot	Reynolds, Peter H.	Vashti believes that she cannot draw, but her art teacher's encouragement leads her to change her mind.	1.9 (K to 3)	2003	23.61
119375	 Drum Dream Girl: How One Girl's Courage Changed Music	Engle, Margarita	Tells the story, inspired by the life of Millo Castro Zaldarriaga--a Chinese-African-Cuban who broke Cuba's traditional taboo against female drummers--of a girl who challenged gender roles to realize her musical dreams.	4.2 (K to 3)	2015	25.31
68157	 Everyone Can Learn to Ride a Bicycle	Raschka, Christopher	A father teaches his daughter all about bicycle riding, from selecting the right bike to trying again after a fall.	1 (P to 2)	2013	25.64



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98762	 Flight School	Judge, Lita	Little Penguin, who has the "soul of an eagle," enrolls in flight school.	2.1 (P to 2)	2014	26.65
117272	 Giraffes Can't Dance	Andreae, Giles	Gerald the giraffe is too clumsy to dance with all the other animals at the Jungle Dance, until he finds the right music.	3.8 (P to 2)	1999	25.64
80407	 Girl and the Bicycle	Pett, Mark	A wordless picture book in which a girl sees a bicycle she wants to buy, works hard for a kindly neighbor to earn the money for it, then gets a pleasant surprise.	1 (P to 2)	2014	26.65
78723	 Girl Who Never Made Mistakes	Pett, Mark	Beatrice is so well-known for never making a mistake that she is greeted each morning by fans and reporters, but a near-error on the day of the school talent show could change everything.	2.8 (K to 3)	2011	25.64
80406	 Going Places	Reynolds, Peter H. & Paul A.	Rafael has looked forward to the Going Places contest and builds his go-cart from a kit in record time. However, his neighbor, Maya, has a much more interesting and creative idea for her entry and Rafael decides to help.	3.1 (P to 2)	2014	25.64
137239	 Happy Dreamer	Reynolds, Peter H.	A "dreamer maximus" describes the many ways one can dream, and the importance of being a happy dreamer.	1.9 (P to 2)	2017	26.65
5371	 How to Catch a Star	Jeffers, Oliver	Eager to have a star of his own, a boy devises imaginative ways of catching one.	2.6 (P to 2)	2004	26.65
158402	 Ish	Reynolds, Peter H.	Ramon loses confidence in his ability to draw, but his sister gives him a new perspective on things.	2.1 (K to 3)	2004	24.97



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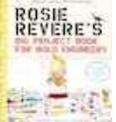
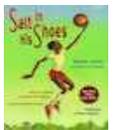
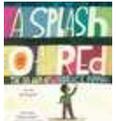


Order Number	Title	Author	Annotation	RL (IL)	Copyright	Price
148939	 Malala's Magic Pencil	Yousafzai, Malala	This picture book by Nobel Peace Prize winner and New York Times bestselling author Malala Yousafzai tells the story of her childhood in Pakistan and transformation into an education activist.	3.6 (K to 3)	2017	26.65
198970	 Mistakes That Worked	Jones, Charlotte Foltz	Presents the stories behind forty things that were invented or named by accident, including aspirin, X-rays, frisbees, silly putty, and velcro.	6.8 (3 to 6)	1991	21.92
99173	 Most Magnificent Thing	Spires, Ashley	A little girl and her canine assistant set out to make the most magnificent thing, but after much hard work, the end result is not what the girl had in mind.	2.9 (P to 2)	2014	25.58
119513	 Nadia: The Girl Who Couldn't Sit Still	Gray, Karlin	An introduction to the life and achievements of Romanian Olympic champion Nadia Comaneci traces her rise from a small-town girl to a world-class athlete who, in 1976, achieved an unprecedented seven perfect scores in gymnastics.	4.8 (1 to 4)	2015	19.88
13547	 Not a Box	Portis, Antoinette	To an imaginative bunny, a box is not always just a box.	1 (P to 2)	2006	24.61
23881	 Not a Stick	Portis, Antoinette	An imaginative young pig shows some of the many things that a stick can be.	1 (P to 2)	2008	23.6
219261	 Odd Boy Out: Young Albert Einstein	Brown, Don	An introduction to the work and early life of the twentieth-century physicist whose theory of relativity revolutionized scientific thinking.	4.6 (K to 3)	c2004	17.86
88222	 Papa's Mechanical Fish	Fleming, Candace	In the summer of 1851, with encouragement and ideas provided by his family, an inventor builds a working submarine and takes his family for a ride.	2.1 (1 to 4)	2013	26.65



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Order Number	Title	Author	Annotation	RL (IL)	Copyright	Price
230995	 Peace Book	Parr, Todd	Describes peace as making new friends, sharing a meal, feeling good about yourself, and more.	2 (K to 3)	2004	17.88
88009	 Perfectly Messed-Up Story	McDonnell, Patrick	Louie becomes angry when the story in which he appears is ruined by messes from jelly, peanut butter, and other things that do not belong in books.	1.4 (P to 2)	2014	26.65
84309	 Rosie Revere, Engineer	Beatty, Andrea	A young aspiring engineer must first conquer her fear of failure.	4.2 (K to 3)	2013	26.61
139679	 Rosie Revere's Big Project Book for Bold Engineers	Beatty, Andrea	Activity book featuring Rosie Revere provides projects to inspire would-be engineers, including designing a better bicycle, building a simple catapult, constructing a solar oven, and more.	2 (K to 3)	2017	24.61
259767	 Salt in His Shoes: Michael Jordan in Pursuit of a Dream	Jordan, Deloris	Young Michael Jordan, who is smaller than the other players, learns that determination and hard work are more important than size when playing the game of basketball.	3.6 (2 to 5)	2000	17.86
63956	 Sky Color	Reynolds, Peter H.	Marisol is excited to help make a mural for the school library, but wonders how she can make a sky without blue paint, until she learns to see the world in a new way.	2.2 (K to 3)	2012	22.59
68164	 A Splash of Red: The Life and Art of Horace Pippin	Bryant, Jennifer	Tells the story of African-American painter Horace Pippin, a self-taught genius who battled back from a crippling sniper wound in the World War I trenches to regain the use of his right arm and become the artist he was meant to be.	4.1 (K to 3)	2013	26.65
282218	 Stand Tall, Molly Lou Melon	Lovell, Patty	Even when the class bully at her new school makes fun of her, Molly remembers what her grandmother told her and she feels good about herself.	3.5 (K to 3)	2001	25.64



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5758432	 Thanks for the Feedback, I Think...	Cook, Julia	RJ learns what it means to receive positive and negative feedback, and how to respond appropriately, learning to accept and grow from criticism and compliments at home, school and with friends.	2 (K to 3)	2013	12.1
136378	 We're All Wonders	Palacio, R.J.	Augie enjoys the company of his dog, Daisy, and using his imagination, but painfully endures the taunts of his peers because of his facial deformity.	1.5 (P to 2)	2017	27.65
127148	 What Do You Do with a Problem?	Yamada, Kobi	Introduces what a problem is, how it can affect you, and how to deal with it.	2.2 (P to 2)	2016	18.73
118467	 What Do You Do with an Idea?	Yamada, Kobi	A young boy comes up with an idea and he keeps it safe until one day he realizes the amazing power it can have.	2 (P to 2)	2013	25.58
					List Total	858.79

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